

Church of Saint Stephen-in-the-Fields



The Fifth Sunday after the Epiphany
Saturday February 4, 2023

**I am the light of the world, says the Lord.
Those who follow me will not walk in darkness,
But will have the light of life.**
John 8.12

Celebrant: The Rev'd Canon Maggie Helwig

THE GATHERING OF THE COMMUNITY

Prelude

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

Response **And also with you.**

Land Acknowledgement

Celebrant Though people may be joining us from many regions, we acknowledge that the Church of St. Stephen-in-the-Fields stands on occupied land, the traditional territory of the Mississaugas of the Credit (an Anishnaabe people), the Haudenosaunee Confederacy, and the Wendat and Petun nations, land covered by the Dish With One Spoon wampum belt covenant. Treaty 13 and the Williams Treaty are also relevant to this territory.
We acknowledge that we have broken the treaties. We acknowledge the damage done by colonialism, and the role that our church has played in this, and we pledge ourselves to work for a future of justice and reconciliation.

Hymn 594: *Judge eternal, throned in splendour*

RHUDDLAN

- 1 Judge eternal, throned in splendour,
Lord of lords and King of kings,
with your living fire of judgement
purge this land of bitter things;
comfort all its wide dominion
with the healing of your wings.
- 2 Weary people still are longing
for the hour that brings release,
and the city's crowded clamour
cries aloud for sin to cease;
and the countryside and woodlands
plead in silence for their peace.
- 3 Crown, O God, you own endeavour;
cleave our darkness with your sword;
cheer the faint and feed the hungry
with the richness of your word.
Cleanse the body of this nation
through the glory of the Lord.

Collect for Purity

Celebrant Almighty God,
to you all hearts are open, all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.

Response **Amen.**

Confession and Absolution

Celebrant: Dear friends in Christ,
God is steadfast in love and infinite in mercy,
welcoming sinners and inviting us to this table.
Let us confess our sins, confident in God's forgiveness.

Celebrant Most merciful God,
Response **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

Response **Amen.**

Peace

Celebrant The peace of the Lord be always with you.

Response **And also with you.**

Gloria

Hurd

Celebrant Glory to God in the highest,
Cantor **and peace to his people on earth.**
 Lord God, heavenly king,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world: have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ, with the Holy Spirit,
 in the glory of God the Father. Amen.

Collect of the Day

Celebrant Let us pray.
 Merciful Lord,
 Grant to your faithful people pardon and peace,
 that we may be cleansed from all our sins
 and serve you with a quiet mind;
 through Jesus Christ our Lord,
 who is alive and reigns with you and the Holy Spirit,
 one God, now and forever.

Cantor **Amen.**

LITURGY OF THE WORD

A period of silence is observed after each reading and the homily.

First Lesson: Isaiah 58.1-12

Reader A reading from the prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. ‘Why do we fast, but you do not see? Why humble ourselves, but you do not notice?’ Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike

with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader The word of the Lord.

***Response* Thanks be to God.**

Psalm 112 *Beatus vir*



- 1 HAL-LE lu-jah! Happy are they who fear^the Lord /
and have great delight in his com-mänd-ments!
- 2 **Their descendants will be migh-ty in^the land; /**
the generation of the upright will be blëss-ed.
- 3 Wealth and riches will be in their house, /
and their righteousness will last for ëv-er.
- 4 **Light shines in the darkness for the up-right; /**
the righteous are merciful and full of^com-päs-sion.
- 5 It is good for them to be ge-ne^rous^in lend-ing /
and to manage their af-fairs with jüs-tice.
- 6 **For they will ne-ver^be sha-ken; /**
the righteous will be kept in
ever-last-ing^re-mëm-brance.
- 7 They will not be afraid of any e-vil ru-mours; /
their heart is right; they put their^trust in the^Lord.

- 8 **Their heart is established and will not shrink, /**
 until they see their desire up-on their ën-e-^mies.
- 9 They have given free-ly to^the poor, /
 and their righteousness stands fast for ever;
 they will hold up their head with hö-nour.
- 10 **The wicked will see it and be an-grý; they will gnash**
 their teeth and pine^a-way; /
 the desires of the wick-ed^will pë-r-ish.

Epistle: 1 Corinthians 2.1-16

Reader A reading from the first letter to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

‘What no eye has seen, nor ear heard,
nor the human heart conceived,

what God has prepared for those who love him’—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

‘For who has known the mind of the Lord
so as to instruct him?’

But we have the mind of Christ.

Reader The word of the Lord.

***Response* Thanks be to God.**

Gospel acclamation: Alleluia

Cantor Alleluia. I am the light of the world, says the Lord. Those who follow me will not walk in darkness, but will have the light of life.
Alleluia.

Gospeller The Lord be with you.

Response And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ, according to Matthew.

Response Glory to you, Lord Jesus Christ.

Holy Gospel: Matthew 5.13-20

Jesus said to the disciples,

‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

‘You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.’

Gospeller The Gospel of Christ.

Response Praise to you, Lord Jesus Christ.

Homily Mtr Maggie Helwig

Nicene Creed

Celebrant Let us confess our faith, as we say,

Response We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God, begotten, not made,
 of one being with the Father.
 Through him all things were made.
 For us and for our salvation he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory
 to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit,
 the Lord, the giver of life,
 who proceeds from the Father.
 With the Father and the Son
 he is worshipped and glorified.
 He has spoken through the prophets.
 We believe in one holy catholic and apostolic church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Intercessions

Bidding As announced.
Response As announced.

CELEBRATION OF THE EUCHARIST

Offertory hymn 537: *In the cross of Christ I glory*

CROSS OF JESUS

1 In the cross of Christ I glory,
 towering o'er the wrecks of time;
 all the light of sacred story
 gathers round its head sublime.

- 2 When the woes of life o’ertake me,
 hopes deceive, and fears annoy,
 never shall the cross forsake me:
 lo, it glows with peace and joy.
- 3 When the sun of bliss is beaming
 light and love upon my way,
 from the cross the radiance streaming
 adds more lustre to the day.
- 4 Bane and blessing, pain and pleasure,
 by the cross are sanctified;
 peace is there that knows no measure,
 joys that through all time abide.
- 5 In the cross of Christ I glory,
 towering o’er the wrecks of time;
 all the light of sacred story
 gathers round its head sublime.

Prayer over the Gifts

Celebrant God of compassion and forgiveness,
 receive our offering this day,
 and make us one with him who is our peace,
 Jesus Christ our Saviour.

Response **Amen.**

Eucharistic Prayer 3

Celebrant The Lord be with you.

Cantor **And also with you.**

Celebrant Lift up your hearts.

Cantor **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

Cantor **It is right to give our thanks and praise.**

Preface of the Lord’s Day

Celebrant Blessed are you, gracious God,
 creator of heaven and earth;
 you are the source of light and life for all your creation,
 you made us in your own image,
 and call us to new life in Jesus Christ our Saviour.
 Therefore we praise you,
 as we raise our voices to proclaim the glory of your name.

Sanctus and Benedictus

Proulx

***Cantor* Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

***Celebrant* We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh, Jesus your Son.
For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us out of error into truth,
out of sin into righteousness, out of death into life.
On the night he was handed over to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."
After supper he took the cup of wine;
and when he had given thanks, he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."
Therefore, Father, according to his command,**

***Response* we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.
We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time, reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your children;
through Jesus Christ our Lord,
the firstborn of all creation, the head of the Church,
and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and for ever.

Response **Amen.**

The Lord's Prayer

Robinson

Celebrant As our Saviour taught us, let us pray,

Cantor **Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread

Celebrant We break the bread of life,
and that life is the light of the world.

Response **God here among us,
light in the midst of us,
bring us to light and life.**

Agnus Dei

Senchur

Cantor **Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world:
grant us peace.**

Act of Spiritual Communion

In union, O Lord with the faithful at every altar of your Church,
where the Holy Eucharist is celebrated,
I desire to offer you praise and thanksgiving.
I present to you my soul and body
with the earnest wish that I may always be united to you.
And since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I unite myself to you, and embrace you with all the affections of my soul.
Let nothing ever separate you from me.
May I live and die in your love.
Amen.

Prayer after Communion

Celebrant Let us pray.
Eternal God,
in you we find peace beyond all telling.
May we who share in this heavenly banquet
be instruments of your peace on earth,
in the name of Jesus Christ the Lord.

Response **Amen.**

Doxology

Celebrant Glory to God,
Response **whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Blessing

Celebrant The peace of God, which passes understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord.
And the blessing of God Almighty,
the Father, the Son, and the Holy Spirit,
be with you all, and remain with you always.
Response **Amen.**

Hymn 393: *Immortal, invisible, God only wise*

ST. DENIO

- 1 Immortal, invisible, God only wise,
in light inaccessible hid from our eyes;
most blessed, most glorious, the ancient of Days,
almighty, victorious, thy great name we praise.
- 2 Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.
- 3 To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither, and perish, but nought changeth thee.
- 4 Great Source of all glory and wisdom and light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Dismissal

Deacon Go forth in peace, to love and serve the Lord.
Response **Thanks be to God.**

Announcements

Postlude

Gloria, music: 'New Plainsong' David Hurd (1950-) © 1981 G.I.A. Publications, Inc.

Alleluia, text and music: Fintan O'Carroll (1922-1981) and Christopher Walker (1947-); © 1985 Fintan O'Carroll and Christopher Walker. Published by OCP Publications.

Sanctus, music: 'Community Mass' Richard Proulx (1937-2010), © 1971, 1977 G.I.A. Publications, Inc.

Agnus Dei, music: Becket Gerald Senchur (1946-), © 1982 G.I.A. Publications, Inc.

The Lord's Prayer, music: McNeil Robinson II (1943-2015).

~ ~

Hymn 594, text: Henry Scott Holland (1847-1918), rev. 'Hymns for Today's Church,' alt. © 1982 Hope Publishing Co.; music: melody Welsh trad.; coll. Edward Jones (1752-1824), 'Musical & Poetical Relicks of the Welsh Bards, 1800'; harm. 'The English Hymnal'.

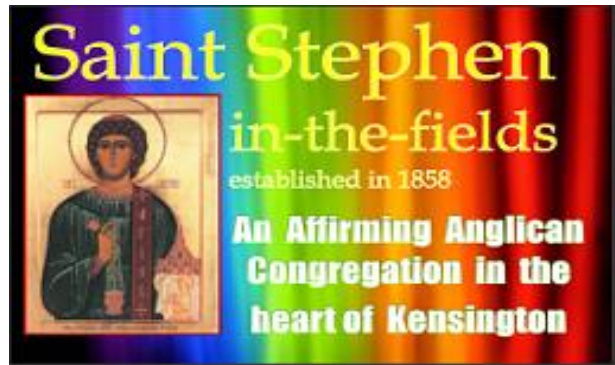
Hymn 537, text: John Bowring (1792-1872); music: John Stainer (1840-1901).

Hymn 393, text: Walter Chalmers Smith (1824-1908), alt.; music: melody Welsh trad.; adapt. John Roberts of Henllan (1808-1876), 'Caniadau y Cyssegr, 1839', harm. 'The English Hymnal, 1906'.

CCLI copyright and streaming license #11248960.

New Revised Standard Version Bible: (NRSV) Anglicized Edition, copyright 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission.

Texts from the Book of Alternative Services are reproduced with permission under Copyright © 2004 by the General Synod of the Anglican Church of Canada. All rights reserved. Reproduced under license from ABC Publishing.



If you want more information about the parish,
including our other weekly activities,
our website is www.saintstephens.ca



You can also visit us at
www.facebook.com/ststephen103



Contact our Rector, The Rev'd Canon Maggie Helwig, at
maggie@web.net
(416) 526-5438



The Church of St. Stephen in-the-Fields
ststepheninthefields@gmail.com

*Please consider making a financial contribution to Saint Stephen's.
Visit our website and look for the PayPal or Canada Helps buttons.
If you require more information, e-mail parishsecretary.ststephen@gmail.com*